

December 2018 Snack Menu

	3	4	5	6	7
AM	Bagels w/ Cream Cheese	Sweet Potato Hummus with Pita Chips	Cereal with Milk and Fruit	Waffles with Apple Butter	Sweet Potato Crackers and Hard Boiled Eggs
PM	Ants on a log*	Yogurt and Fruit	Edamame and Cheese	Mashed Sweet Potato with Veggie Sausage	Latkes w/ Applesauce
	10	11	12	13	14
AM	Yogurt w/ Granola	Sweet Potato Oatmeal	Cubed Sweet Potato with Veggie Sausage	Toast with Jelly and Hard Boiled Eggs	Cheese and Fruit
PM	Rice cakes w/ Soy nut butter and Banana slices	Fruit smoothies and Crackers	Trail Mix w/ dried fruit	Ants on a log	Sweet Potato Muffins
	17	18	19	20	21
AM	Yogurt and Fruit	Waffles with Apple Butter	Sweet Potato Oatmeal	Applesauce and Graham Crackers	Sweet Potato Hummus with Veggies
PM	Chips and Salsa	Sweet Potato Crackers and Hard Boiled Eggs	Edamame and Cheese	Trail Mix w/ dried fruit	Rice cakes with Soy nut butter and Jelly
	24	25	26	27	28
AM	Closed for Winter Break				
PM					
	31	1			
AM	Closed for Winter Break				
PM					

^Trail mix may include cereal, pretzels, goldfish, veggie straws, and/or dried fruit

* celery, soy nut butter and raisins