

Snack Menu - Fruit VIP

	M	T	W	TH	F
AM	Hard Boiled Eggs w/ Crackers	Cereal and Milk	Cheese sticks and crackers	Veggie Sausage and VIP (F)	Veggies and Hummus with pita or pita chips
PM	Cheese Sticks and Veggies	Applesauce Pouches and Graham Crackers	Yogurt and VIP (F)	Fruit/Veggie Muffins	Granola Bars* with Milk

Snack Menu - Vegetable VIP

	M	T	W	TH	F
AM	Hard Boiled Eggs w/ Crackers	Cereal and Milk	Cheese sticks and crackers	Veggie Sausage and Fruit	Veggies and Hummus with pita or pita chips
PM	Cheese Sticks and VIP (V)	Applesauce Pouches and Graham Crackers	Yogurt and Fruit	Fruit/Veggie Muffins	Granola Bars* with Milk

*Granola bars may be fruit or chocolate chip

VIP: Very Important Produce. Each month we will highlight a different fruit or vegetable. "VIP" snacks will rotate monthly and feature the VIP for that month.

Hot Lunch (available for purchase)

	M	T	W	TH	F
Week 1	Mac-n-Cheese	Scrambled Eggs and Waffles (w/ apple butter)	Grilled Cheese and Tomato Soup	Chik'n Patty and Baked Beans	Pasta and Marinara w/ Veggie Crumbles
	M	T	W	TH	F
Week 2	Chik'n Nuggets and Mashed Potatoes	Veggie Sausage Biscuit Sandwich and Yogurt (w/ Jam)	Pizza Bagels	Veggie Burger and Sweet Potato Fries	Tortellini with Marinara

CAMP CONNECT SNACK MENU (school age)

	M	T	W	TH	F
AM SNACK	Cheese and Veggie Straws	Applesauce Pouches and Graham Crackers	Yogurt	Muffins	Fig Bars